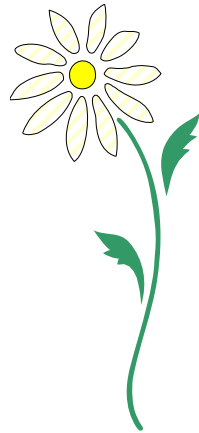


Recovering Together: Innovations in Rural Behavioral Health



**Conference sponsored by:
*Staunton Farm Foundation***

**Friday
November 3, 2006
8:30am to 4:30pm**

**Regional Learning Alliance Center
at Cranberry Woods**

Lunch Keynote Speaker:

Kristin Martinsen
Public Health Analyst
Health Resources and Services Administration

***A Federal Perspective on
Rural Mental Health***

Concurrent Program
Full Day Training:
Mental Health Advance Directives
Train the Trainer Session
for Consumers



Conference Agenda

- 8:00am—8:30am** **Registration**
- 8:30am—8:45am** **Welcome**
- 8:45am—9:45am** **Morning Keynote Address**

Dialogues for Change

*Presenters: Sarah Goldstein, BSJ, Allegheny County Coalition for Recovery;
Wesley Sowers, MD, Allegheny County Office of Behavioral Health*

Session I 9:45am—11:00am

- A. Multisystemic Therapy & PA Integrated Children's Services Initiative**
Gary J. Soltys, MA, Adelphoi Village
- B. Health Choices Reinvestment: Fuel for Innovation**
Lisa Ferris Kusniar, Carol Over, Fayette County MH/MR
- C. Special Needs Medicaid Eligible Financial Planning**
Timothy W. Pawol, Esq., Life Enrichment Trust, Inc.
- D. The Appalachians: An Examination of the History, Culture and People**
Wilburn Hayden, Jr., PhD, ACSW, CMSW, CSWM, MSW Program at California University of Pennsylvania
- E. Evolution of the LTSR Provider: Panel Discussion**
Lynne Loresch, Executive Director, Mental Health Association, Washington County

Break 11:00am—11:15am

Session II 11:15am—12:15pm

- A. A New Tool for Recovery**
*Sue Carney RN, C,
Community Care Behavioral Health*
- B. Integration of Mental Health Services into a Pediatric Primary Care Center:
What has been Learned in Ten Years?**
*Sheree Shafer, CRNP, APRN, BC,
Children's Community Pediatrics*
- C. Psychiatric Rehabilitation: A Key Component of a Recovery Oriented System**
Tom Krivjansky, Mike Reing, Western Psychiatric Institute and Clinic



Conference Agenda

(continued)

D. Medicare D: Prescription Drug Changes for Low Income Beneficiaries

Barbara Murock, Allegheny County Department of Human Services

E. How To Be Your Own Best Advocate

Laurie Barnett Levine, LSW, Jill Deglau, BA, Mental Health Assoc. in Westmoreland County

12:30pm—1:30pm Lunch Keynote Address

Kristin Martinsen

Public Health Analyst
Health Resources and Services Administration

A Federal Perspective on Rural Mental Health

Session III 1:45pm—3:00pm

A. Integrating Religious Traditions with Rural Mental Health Practice

James M. Hepburn, PhD, Patricia Lewis, LPC, Cornerstone Care

B. Reaching Out to Rural Communities: The Promise of Telepsychiatry

Carol A. Rico, LSW, CCM, Value Behavioral Health of PA and Greene County Human Services

C. The Many Doors to Consumer Empowerment

Janice Meinert, MSW, Pennsylvania Health Law Project, Bylinda Brown, Mental Health Association in Armstrong County

D. Grassroots Drug Prevention

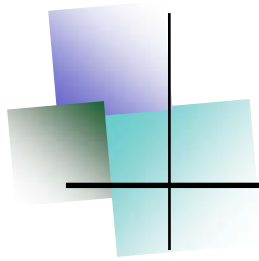
Norma Norris, Executive Director, Candle, Inc.

E. Lessons Learned From Closing Harrisburg State Hospital

Kenneth Thompson, MD, Assoc. Professor of Psychiatry and Behavioral and Community Health Sciences, University of Pittsburgh

Break

3:00pm—3:15pm



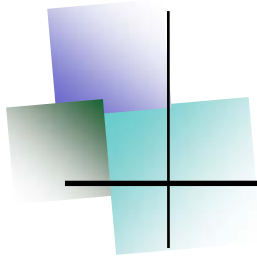
Conference Agenda

(continued)

Session IV 3:15pm—4:30pm

- A. Dialectical Behavioral Therapy Made Easy:
Integrating DBT Skills in Everyday Practice**
*Safdar I. Chaudhary, MD, S'eclairer & Torrance State Hospital and
Edna I. McCutcheon, MSW, ACSW, Torrance State Hospital*
- B. Strategic Planning for Human Service Organizations:
Heading Into the Future With a Plan**
Jim Kuemmerle, ACSW, BCD, LCSW, Value Behavioral Health
- C. Psychiatrists: How to Find Them/How to Keep Them**
Mike Quinn, Chestnut Ridge Counseling Services
- D. Peer to Peer Support**
Betsy Kidwell, BA, Consumer Empowerment Project
- E. Veterans: Post Traumatic Stress Disorder (PTSD)**
Hari Parepalli, MD, Hari Parepalli and Associates, PC

***Please join us immediately following
the conference for a brief reception
and opportunity to network.***



Disabilities Law Project Full Day Training

(8:30am—4:30pm)

Mental Health Advance Directives Train the Trainer Session for Consumers

Presented by:

Carol Horowitz, Esquire

Managing Attorney, Pittsburgh Office, Disabilities Law Project
and

Sharon A. Miller

Director of Education and Outreach, NAMI Southwestern Pennsylvania

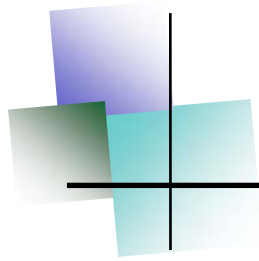
A Mental Health Advance Directive is a document that allows a person to make decisions about mental health treatment while they are well that will apply at a later time if they become incapacitated by mental illness.

This interactive workshop will provide the skills necessary for consumers to assist other consumers in understanding the benefits, obligations and details of completing a mental health advance directive. Upon successful completion of this workshop, participants will receive a certificate stating that they have completed the Mental Health Advance Directive Train the Trainer workshop.

In order to ensure that the knowledge gained during this workshop is passed on, participants will be asked to share their knowledge with other consumers in their home county during the year following completion of the training. Presentation materials, forms, and assistance will be provided to each participant in order to accomplish the goal of passing information on.

***A Mental Health Advance Directive
is an essential tool
for empowerment and personal recovery.***

Help others help themselves!



Conference Registration Form

Please send completed form to:

Rural Mental Health Conference
c/o Family Pathways
100 Brugh Avenue, Butler, PA 16001

NAME _____

AFFILIATION _____

ADDRESS _____

PHONE _____

Conference Registration Fee:

Non-Consumers \$20.00

Consumers/Students \$5.00*

* Consumers/Students \$5.00—refundable the day of conference

Please pay by check or money order made payable to:
RMHC/Family Pathways

Please choose one presentation for each session:

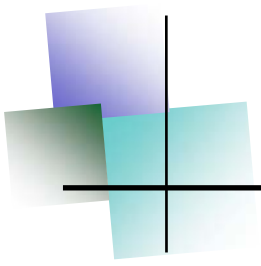
Session I 9:45am—11:00am
 A B C D E

Session II 11:15am—12:15pm
 A B C D E

Session III 1:45pm—3:00pm
 A B C D E

Session IV 3:15pm—4:30pm
 A B C D E

Registration Deadline:
Please postmark by October 20, 2006



Additional Information

Conference Location and Directions:

Regional Learning Alliance Center at Cranberry Woods

850 Cranberry Woods Drive, Cranberry Township, PA 16066
(724) 741-1000 www.regionalllearningalliance.com

From Pittsburgh and South: Take Interstate 79 North to Exit 78 - Route 228 -Cranberry/Mars. Turn right onto Route 228 East. At the second traffic light, turn right onto Cranberry Woods Drive (the Marriott Hotel will be on the right). Follow Cranberry Woods Drive to the first stop sign. Continue ahead to the next road on your right. You will see a brown sign with a small RLA logo at the bottom. Turn right. The MSA building will be on your left. Follow drive straight ahead for 250 yards to the entrance to the RLA.

From Erie and North: Take Interstate 79 South to Exit 78 - Route 228 - Cranberry/Mars. Turn left onto Route 228 East. At the second traffic light, turn right onto Cranberry Woods Drive (the Marriott Hotel will be on the right). Follow Cranberry Woods Drive to the first stop sign. Continue ahead to the next road on your right. You will see a brown sign with a small RLA logo at the bottom. Turn right. The MSA building will be on your left. Follow drive straight ahead for 250 yards to the entrance to the RLA.

From Ohio and West: Take Interstate 76 East to Exit 28 (Old Exit 3) – Follow signs for Interstate 79 North. Take the second exit - Exit 78 - Route 228 - Cranberry/Mars. Turn right onto Route 228 East. At the second traffic light, turn right onto Cranberry Woods Drive (the Marriott Hotel will be on the right). Follow Cranberry Woods Drive to the first stop sign. Continue ahead to the next road on your right. You will see a brown sign with a small RLA logo at the bottom. Turn right. The MSA building will be on your left. Follow drive straight ahead for 250 yards to the entrance to the RLA.

From Harrisburg and East: Take Interstate 76 West to Exit 28 (Old Exit 3) - Follow signs for Interstate 79 North. Take the first exit - Exit 78 - Route 228 - Cranberry/Mars. Turn right onto Route 228 East. At the second traffic light, turn right onto Cranberry Woods Drive (the Marriott Hotel will be on the right). Follow Cranberry Woods Drive to the first stop sign. Continue ahead to the next road on your right. You will see a brown sign with a small RLA logo at the bottom. Turn right. The MSA building will be on your left. Follow drive straight ahead for 250 yards to the entrance to the RLA.